

How does Softcup compare to pads and tampons?	Tampons	Maxi Pads	Softcup
Does not inhibit physical activity	🎯		🎯
Can be worn up to 12 hours			🎯
Cannot be felt while wearing	🎯		🎯
Can be worn during sex*			🎯
Does not cause irritation or dryness		maybe	🎯
Can be worn overnight		🎯	🎯
No menstrual odor (flow not exposed to air)			🎯
Not linked to Toxic Shock Syndrome (TSS)		🎯	🎯

\* Instead Softcup is not a contraceptive nor can it protect against sexually transmitted infections.

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